

## June 2017 **Yoga & Tai Chi** Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Tai chi/Bluff Park 7:30 am -8:30 am Gentle Yoga 9:15 am-10:15 am	5	6 Beginners/Gentle Yoga 6:00 pm - 7:00 pm	7	8	9	10
11	12	13 Beginners/Gentle Yoga 6:00 pm - 7:00 pm	14	15	16	17
18 Gentle Yoga 9:15 am – 10:15 am	19	20 Beginners/Gentle 6:00 pm - 7:00 pm	21	22	23	24
25 Tai chi/Bluff Park 7:30 am -8:30 am Gentle Yoga 9:15 am – 10:15 am	26	27 Beginners/Gentle 6:00 pm - 7:00 pm	28	29	30	